

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **THE LITURGY** scheduled on Thursday January 30 for the Three Holy Hierarchs has been rescheduled as a Vespers Liturgy at 6:30pm on Wednesday January 29.
- ❖ **CHRISTIAN EDUCATION** will resume next Sunday January 26.
- ❖ Our **ANNUAL PARISH MEETING WILL BE FEBRUARY 16** after Liturgy. We will elect new members of the parish council and discuss important issues in the parish. If you are over the age of 25 and interested in *possibly* serving on the parish council, please speak with Fr. Matthew.
- ❖ **CONFESSIONS** will be heard by Fr. Stephen Lourie February 22 after following Great Vespers. Fr. Thomas Frizelle will hear confessions March 15, and April 12 following Great Vespers. If you need confession at another time, please contact Fr. Matthew so that he can put you in touch with another priest.
- ❖ Our annual **WINTER RETREAT** will be February 21-22, 2014 with Father Stephen Lourie coming from Florida to be our retreat-master. His topic will be "Our Thoughts Determine Our Lives."
- ❖ **FASTING** on Wednesdays and Fridays has resumed until the pre-Lenten period.
- ❖ **HOUSE BLESSINGS** are being scheduled. If you do not have a time set to get your house blessed, please contact Fr. Matthew or Kh. Anastasia.
- ❖ **HOUSE BLESSING ETIQUETTE:**
 - All who reside in the household should make every effort to be present for the Blessing.
 - All televisions, radios, etc. in the home should be turned off.
 - Lights should be turned on in all the rooms of the house that are to be blessed.
 - In anticipation of the arrival of the Priest to the house, the icon prayer corner should be accessible and clean. If there is no icon corner, the dining table should be set with a clean table cloth, one or more icons standing upright, a candle in a candle stand, a hand-censer and incense (if available).
 - Upon the arrival of the Priest, he is to be greeted by all of the family members, each of whom asks the Priest's blessing and reverences his right hand.
 - The priest should be given a *clearly printed* list of the Baptismal names of the members of the household.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE

His Eminence, the Most Rev. Metropolitan PHILIP

DIOCESAN HIERARCH

His Eminence, the Most Rev. Archbishop JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

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THE 29TH SUNDAY
AFTER PENTECOST

January 19, 2014

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have prepared by prayer, fasting and a recent confession. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "Repentance is the beginning, middle and end of the Christian way of life, so it is both sought and required before holy baptism, in holy baptism, and after holy baptism." – St. Gregory Palamas
- ❖ "Prayer is the test of everything. If prayer is right, everything is right." -- St. Theophan the Recluse
- ❖ "It is not one's own efforts which lead to the goal, because without grace, efforts produce little. Nor does grace without effort bring what is sought, because grace acts in us and for us through our efforts." -- St. Theophan the Recluse
- ❖ "The goal of human freedom is not in freedom itself, nor is it in man, but in God. By giving man freedom, God has yielded to man a piece of His divine authority, but with the intention that man himself would voluntarily bring it as a sacrifice to God, a most perfect offering." -- St. Theophan the Recluse
- ❖ "Be fearful that you do not become famous because of some work that you do. If they begin to praise you because of your work, do not rejoice or take delight in it, but keep your works secret as much as you can, and do not allow anyone to speak about them." -- St. Anthony
- ❖ "Keep this piety of my faith undefiled, I beseech you, and let this be the utterance of my convictions even to the last breath of my spirit: that I may always hold fast to that which I profess in the creed of my regeneration when I was baptized in the Father, Son and Holy Spirit, namely, that I may adore you, our Father, and your Son together with you, and that I may gain the favor of your Holy Spirit who is from you through the only-begotten. He is a suitable witness for my faith who says: 'Father, all things that are mine are thine, and thine are mine,' my Lord Jesus Christ, who always abides as God in you, from you and with you who is blessed forever and ever. Amen." -- St. Hilary of Poitiers
- ❖ "Thy side being stabbed, O Giver of life, didst nevertheless overflow for all with springs of forgiveness, life, and salvation. And accepting death in the flesh, Thou didst bestow on us deathlessness. And dwelling in a tomb, Thou didst free us and raise us in glory with Thee, since Thou art God. Wherefore, do we exclaim to Thee, O Lord, Lover of mankind, glory to Thee." – Aposticha for Sunday, Tone 5

Blessed Theophylact, on the Ten Lepers: "The Lord instructs them to show themselves to the priests. [Initial] the priests would examine men such as these to determine whether they were lepers or not. For there were certain signs by which the priests could recognize incurable leprosy. But in addition to this, if it were the case that someone who had been suffering from leprosy were healed, the priests would [again] examine him to verify the cure, in which event the gift commanded by the law would be offered (cf. Lev. Ch. 14). In this case, since these men were already confirmed lepers, why should they show themselves to the priests, unless indeed they were about to be cleansed? To command them to go to the priests indicated nothing other than that they would be healed. This is why the Evangelist says that *as they went, they were cleansed*" (Explanation of the Gospel of Luke, p. 224).

SAINTS OF THE DAY

Venerable Makarios of Alexandria; Arsenios, bishop of Kerkyra;
Venerable Mark Eugenikos, metropolitan of Ephesus, pillar of Orthodoxy

CHRISTIAN EDUCATION

Ages 3-6: Sunday Jan. 26 at 9:00am
Ages 7-9: Sunday Jan. 26 at 9:30am
Ages 10-12: Sunday Jan. 26 following
Liturgy
Ages 13-19: Sunday Jan. 26 following
Liturgy

THIS WEEK'S SERVICES

January 19 – 26
Wed. 6:30pm: Daily Vespers
Sat. 6:30pm: Great Vespers
Sun. 9:00am: Matins
Sun. 10:00am: Divine Liturgy

THE EPISTLE

(For the Twenty-Ninth Sunday after Pentecost)

How magnified are Thy works, O Lord;

in wisdom hast Thou made them all. Bless the Lord, O my soul.

The Reading from the Epistle of St. Paul to the Colossians. (3:4-11)

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

THE GOSPEL

(For the Twelfth Sunday of Luke—"Ten Lepers")

The reading from the Holy Gospel according to St. Luke. (17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."