

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **THE LITURGY** scheduled on Thursday January 30 for the Three Holy Hierarchs has been rescheduled as a Vespers Liturgy at 6:30pm on Wednesday January 29.
- ❖ **BISHOP MICHAEL (Dahulich)**, the OCA bishop of New York and New Jersey and former dean of St. Tikhon's Seminary, will offer a lecture on Wednesday February 19 at 6:00pm at St. Tikhon Orthodox Church in Anchorage (15396 Old Seward Hwy, 99516). The topic will be "The Great Fast and Freedom." All are welcome to attend.
- ❖ **THE CONSECRATION OF THE NEW BISHOP OF ALASKA** for the OCA will be held at St. Innocent Cathedral. The Confession of Faith will be during Vespers on Feb. 20 at 6:00pm; the Consecration will occur during Liturgy at 9:00am on Feb. 21. All are invited to attend. See www.doaoca.org for more information.
- ❖ **CHRISTIAN EDUCATION** will start next Sunday (God willing). Please sign up your 3-9 year old for their class. If you have any questions, please contact Kai West.
- ❖ Our **ANNUAL PARISH MEETING WILL BE FEBRUARY 16** after Liturgy. We will elect new members of the parish council and discuss important issues in the parish. If you are over the age of 25 and interested in *possibly* serving on the parish council, please speak with Fr. Matthew.
- ❖ Our annual **WINTER RETREAT** will be February 21-22, 2014 with Father Stephen Lourie coming from Florida to be our retreat-master. His topic will be "Becoming Orthodox Inwardly"
- ❖ **HOUSE BLESSINGS** are being scheduled. If you do not have a time set to get your house blessed, please contact Fr. Matthew.
- ❖ **INQUIRERS CLASSES** begin February 12 from 7-9pm in the parish hall. The series title is "Finding the Church Jesus Built." It is an eight-week series of videos that introduces the basics of the Orthodox Faith. All are welcome to attend.
- ❖ **CONFESSIONS** will be heard by Fr. Stephen Lourie February 22 after following Great Vespers. Fr. Thomas Frizelle will hear confessions March 15, and April 12 following Great Vespers. If you need confession at another time, please contact Fr. Matthew so that he can put you in touch with another priest.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE

His Eminence, the Most Rev. Metropolitan PHILIP

DIOCESAN HIERARCH

His Eminence, the Most Rev. Archbishop JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

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THE 32ND SUNDAY
AFTER PENTECOST

January 26, 2014

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have prepared by prayer, fasting and a recent confession. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

(For the Thirty-Second Sunday after Pentecost)

The Lord will give strength to His people.

Ascribe to the Lord, O sons of God; ascribe to the Lord honor and glory.

The Reading from the First Epistle of St. Paul to St. Timothy. (4:9-15)

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

THE GOSPEL

(For the Fifteenth Sunday of Luke—"Zacchaeus")

The reading from the Holy Gospel according to St. Luke. (19:1-10)

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."

SAINTS OF THE DAY

Venerable Xenophon, his wife, Mary, and their two sons,
Arkadios and John, of Constantinople;

Translation of the relics of Venerable Theodore the Studite

CHRISTIAN EDUCATION

STARTING NEXT WEEK

Ages 3-6: Every Sunday at 9:00am

Ages 7-9: Every Sunday at 9:30am

Ages 10-12: Every Sunday following
Liturgy

Ages 13-19: Every Sunday following
Liturgy

THIS WEEK'S SERVICES

January 26 – February 2

Wed. 6:30pm: Vespertal Liturgy for
the Three Holy Hierarchs

Sat. 6:30pm: Great Vespers with
Litia for the Feast

Sun. 9:00am: Festal Matins

Sun. 10:00am: Divine Liturgy for the
Feast of the Meeting of the Lord
in the Temple

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "The Kingdom of Heaven is peace and Joy in the Holy Spirit. Acquire inward peace, and thousands around you will find their salvation." -- St. Seraphim of Sarov
- ❖ St. Anthony rebukes those who refuse to receive back penitents: "A ship suffered shipwreck and lost its cargo, and only with great difficulty did that boat reach the harbor – and you want to sink even that which was saved from sinking!"
- ❖ "Learn to love humility, for it will cover all you sins. All sins are repulsive before God, but the most repulsive of all is pride of the heart. Do not consider yourself learned and wise; otherwise, all your effort will be destroyed, and your boat will reach the harbor empty. If you have great authority, do not threaten anyone with death. Know that, according to nature, you too are susceptible to death, and that every soul sheds its body as its final garment." -- St. Anthony the Great
- ❖ "The good God has given them a share in His own Image, that is, in our Lord Jesus Christ, and has made even themselves after the same Image and Likeness. Why? Simply in order that through this gift of God-likeness in themselves they may be able to perceive the Image Absolute, that is the Word Himself, and through Him to apprehend the Father; which knowledge of their Maker is for men the only really happy and blessed life." -- Athanasius the Great (On the Incarnation)
- ❖ "The most important work that a spiritual wrestler can do is to enter within the heart, there to fight Satan; to hate and repel the thoughts that he inspires and to wage war upon him." -- St. Macarius of Egypt