

## CHRISTIAN EDUCATION

*October 7 - Tuesday Night Family Night*

5:30-6:00pm – Dinner – \$3 per person or \$15 per family

6:00-7:30pm – Classes for Ages 3-19

7:00-7:30pm – Daily Vespers

### PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **OCTOBER LITURGICAL CALENDARS** are available in the narthex and online at [www.sainthermanwasilla.org](http://www.sainthermanwasilla.org).
- ❖ **CONFESSIONS WILL BE HEARD OCTOBER 21** by Fr. Michael Habib after Daily Vespers.
- ❖ **CHRISTIAN ED PAYMENTS:** If you have not paid for Christian Ed (Atrium Levels 1 & 2) for your children, please do so soon. Mark “Christian Ed” on your check and give it to Rebekah Johnson. Thank you.
- ❖ **PFDs ARE HERE! Please mark “PFD” on the memo of your check when tithing on your PFD.** All proceeds this year will go toward finishing the parish house. Our goal is to bring in \$26,000: we need about \$13,000 to finish the inside and \$13,000 to finish the outside including siding. If everyone—men, women, and children—in the parish tithed 10% on their PFD, then we would bring in \$30,000.

"Tithing is not just for converts. It is not just for the rich. It is for all of us. It brings us peace, knowing that we have given to God what is rightfully His. It makes our parishes strong by providing the support it needs. It builds up our youth, who see our gratitude to God and are in turn grateful to their parents. Yes, if you really want your children to appreciate what you do for them, try being an example of gratitude."

-- His Eminence, Metropolitan JOSEPH's Thought for the Day,  
July 20, 2013

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

### Contact Information

6988 N. En Dove Road

Wasilla, Alaska 99654

Office Telephone: (907)373-5254

Pastor's Cell Phone: (916)396-6325

[FrMatthewHowell@gmail.com](mailto:FrMatthewHowell@gmail.com)

[www.SaintHermanWasilla.org](http://www.SaintHermanWasilla.org)

17<sup>TH</sup> SUNDAY  
AFTER PENTECOST

*October 5, 2014*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

(For the Seventeenth Sunday after Pentecost)

*Make your vows to the Lord our God and perform them.*

*God is known in Judah; His Name is great in Israel.*

### **The Reading from the Second Epistle of St. Paul to the Corinthians. (6:16-7:1)**

Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

## THE GOSPEL

(For the Second Sunday of Luke)

### **The Reading from the Holy Gospel according to St. Luke. (6:31-36)**

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

## SAINTS & FEASTS OF THE DAY

Holy Martyr Charitina of Amisos; John, bishop of Euchaita; Eudokimos of Vatopedi monastery on Athos; uncovering of the relics of Peter, Alexis, Jonah, Philip and Hermogenes, metropolitans of Moscow

## THIS WEEK'S SERVICES

*October 5 - 12*

Tues. 7:00pm: Daily Vespers

Sat. 6:30pm: Great Vespers

Sun. 9:00am: Matins followed by the Divine Liturgy

## A GOOD WORD

*VITAMINS FOR THE SOUL*

- ❖ Before his death, the Holy Martyr Julian prayed to God in this manner: "To those who take of my dust, grant to them, O Lord, forgiveness of sins and the subduing of their passions; let no ravaging birds, or grasshoppers, or caterpillars, or any other death-carrying destruction attack their fields. And receive my spirit in peace."
- ❖ "The saints endured sufferings in order to testify to the Holy Orthodox faith. Christ Himself did not avoid suffering, but 'endured the cross, despising the shame.'" -- His Eminence, Metropolitan JOSEPH
- ❖ "Just as a candle is lighted from another candle, so also a good work is born from a good work." -- St. Nicholai of Zica
- ❖ "If a man fasts either through vanity or thinking that he is achieving something specifically virtuous, he fasts foolishly and later begins to criticize his brother, considering himself something great. Thus not only does it prove that while he put down one stone he took away two, but he is in danger of bringing down the whole wall through his condemnation of his brother. A man who fasts wisely does not wish to be praised for his fast. He thinks that through abstinence he will win chastity and thereby will come to humility, as the fathers say, 'The way to humility is bodily labors, performed intelligently,' and so on. Such a man proves himself a skilful builder, able to build his house solidly." -- Abba Dorotheus