

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **PENTECOST KNEELING VESPERS** will be held Sunday June 8 at 12pm, following the Liturgy for the feast.
- ❖ **BRING YOUR DIPNETS NEXT WEEK** to be blessed after liturgy.
- ❖ **CONFESSIONS WILL BE HEARD JUNE 14** after Great Vespers by Fr. Thomas Frizelle.
- ❖ **THE APOSTLES' FAST** will be June 16-29. It ends Sunday morning, June 29, following divine liturgy.
- ❖ **JUNE LITURGICAL CALENDARS** are available in the narthex and online at www.sainthermanwasilla.org.
- ❖ **THE CHURCH BOOKSTORE** is now housed in Fr. Matthew's office, and will be open Sundays briefly during coffee hour or other times by request.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE

His Eminence, the Most Blessed Patriarch JOHN
of Antioch

DIOCESAN HIERARCH

His Eminence, the Most Rev. Archbishop JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

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SUNDAY OF THE
FATHERS OF THE 1ST

ECUMENICAL

COUNCIL

June 1, 2014

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

Blessed art Thou, O Lord, the God of our Fathers.

For Thou art just in all Thou hast done.

The Reading from the Acts of the Apostles. (20:16-18, 28-36)

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, 'It is more blessed to give than to receive.'" And when he had spoken thus, he knelt down and prayed with them all.

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (17:1-13)

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ Whom Thou hast sent. I glorified Thee on earth, having accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made. I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves."

SAINTS OF THE DAY

Sunday of the Afterfeast of the Ascension;

Commemoration of the Holy Fathers of the First Ecumenical;

Martyr Justin the Philosopher & companions at Rome;

Archimandrite Justin Popovic of Serbia;

Hieromartyr and Bishop Pyrrros the Virgin; Martyr Thespesios of Cappadocia; Venerable Dionysios the Wonderworker of Glushetsk

CHRISTIAN EDUCATION

On break until after Labor Day

THIS WEEK'S SERVICES

June 1 – June 8

Wed. 6:30pm: Daily Vespers

Sat. – PENTECOST - 6:30pm: Great Vespers

Sun. - PENTECOST - 9:00am: Matins followed at 10:00am by Divine Liturgy

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "Praise to Thee! By Thy resurrection didst Thou grant all the mortal race the hope of life and resurrection. And we offer Thee praise, for Thou are the resurrector of all flesh." -- St. Ephraim the Syrian
- ❖ "Ye mortals, exalt and praise Him Who by His death emptied the dominion of death and promised all the mortal race life and resurrection." -- St. Ephraim the Syrian
- ❖ "But when the goodness and kindness of God our Savior appeared, not by the works of justice, which we have done, but according to his mercy, he saved us, by the laver of regeneration, and renovation of the Holy Ghost, whom he hath poured forth upon us abundantly, through Jesus Christ our Savior that, being justified by his grace, we may be heirs, according to hope of life everlasting." -- St. Paul the Apostle (Titus 3:4-7)
- ❖ "'Let us say, Brethren! And because of the Resurrection, let us forgive all things to those who hate us...' (Doxasticon of Pascha) You easily forgive yourself, if you have sinned against God, or against men; accordingly forgive other people, too. Love your neighbor as yourself, forgive him much." -- St. John of Kronstadt
- ❖ "The mouth which is continuously giving thanks, receives blessing from God. In the heart that always shows gratitude, grace abides." -- St. Isaac the Syrian
- ❖ "God's holy church in itself is a symbol of the sensible world, since it possesses the divine sanctuary as heaven and the beauty of the nave as earth. Likewise the world is a church, since it possesses heaven, corresponding to a sanctuary; and for a nave is has the adornment of the earth." -- St. Maximos the Confessor