

## PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **THE APOSTLES' FAST** continues through Sunday June 29. It ends Sunday morning, June 29, following divine liturgy.
- ❖ **\*\*\*TOMORROW MONDAY JUNE 23 – 6:30pm – VESPERAL LITURGY** for Feast of the Nativity of St. John the Baptist\*\*\*
- ❖ **CONFESSIONS WILL BE HEARD SATURDAY JULY 19** after Vespers by Fr. Thomas Frizelle.
- ❖ **FR. MATTHEW will be out of town July 1-15**, attending the Diocesan Parish Life Conference in San Francisco and spending time in Sacramento with his extended family. If you have an emergency and need to see a priest immediately, please contact Fr. Christopher Stanton at 775-2046 or Fr. Thomas Frizelle at 441-2832. Fr. Matthew will be available via cell phone and email.
- ❖ **JUNE LITURGICAL CALENDARS** are available in the narthex and online at [www.sainthermanwasilla.org](http://www.sainthermanwasilla.org).
- ❖ **ST. JOHN'S SUMMER CAMP WILL BE AUGUST 7-10** at North Star Bible Camp in Willow. All students entering grades 7-12 are welcome to attend. Cost is \$250. Registration forms are available at [www.stjohnalaska.org](http://www.stjohnalaska.org) and should be returned to the St. John Cathedral office by July 1.
- ❖ **THE FIRST ORTHODOX YOUNG PROFESSIONALS CONFERENCE** will be Aug. 14-17 in San Diego, CA. For more information go to their website at <http://oypc2014.wix.com/oypc>.

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE

His Eminence, the Most Blessed Patriarch JOHN  
of Antioch

### DIOCESAN HIERARCH

His Eminence, the Most Rev. Archbishop JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

### Contact Information

6988 N. En Dove Road  
Wasilla, Alaska 99654

Office Telephone: (907)373-5254  
Pastor's Cell Phone: (916)396-6325

[FrMatthewHowell@gmail.com](mailto:FrMatthewHowell@gmail.com)  
[www.SaintHermanWasilla.org](http://www.SaintHermanWasilla.org)

2<sup>ND</sup> SUNDAY AFTER  
PENTECOST & ALL  
SAINTS OF NORTH  
AMERICA  
*June 22, 2014*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

(For Second Sunday after Pentecost)

*Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.*

### **The Reading from the Epistle of St. Paul to the Romans. (2:10-16)**

Brethren, glory and honor and peace for everyone who does good, the Jew first and also the Greek. For God shows no partiality. All who have sinned without the Law will also perish without the Law, and all who have sinned under the Law will be judged by the Law. For it is not the hearers of the Law who are righteous before God, but the doers of the Law who will be justified. When Gentiles who have not the Law do by nature what the Law requires, they are a law to themselves, even though they do not have the Law. They show that what the Law requires is written on their hearts, while their conscience also bears witness and their conflicting thoughts accuse or perhaps excuse them on that day when, according to my gospel, God judges the secrets of men by Christ Jesus.

## THE GOSPEL

(For Second Sunday of Matthew)

### **The Reading from the Holy Gospel according to St. Matthew. (4:18-23)**

At that time, as Jesus was walking by the Sea of Galilee, He saw two brothers, Simon who is called Peter and Andrew his brother, casting a net into the sea; for they were fishermen. And He said to them, "Follow Me, and I will make you fishers of men." Immediately they left their nets and followed Him. And going on from there He saw two other brothers, James the son of Zebedee and John his brother, in the boat with Zebedee their father, mending their nets, and He called them. Immediately they left the boat and their father, and followed Him. And He went about all Galilee, teaching in their synagogues and preaching the gospel of the Kingdom and healing every disease and every infirmity among the people.

## SAINTS & FEASTS OF THE DAY

All Saints of North America; Hieromartyr Eusebios, bishop of Samosata; Martyrs Zeno and his servant Zenas of Philadelphia in Arabia; Alban, protomartyr of Britain; Martyrs Juliana and her son Saturninus of Constantinople; Venerable Anastasia of Serbia

## THIS WEEK'S SERVICES

*June 22 – June 29*

Mon. 6:30pm: Vespertal Liturgy for the Nativity of St. John the Baptist

Wed. 6:30pm: Daily Vespers

Sat. 6:30pm: Great Vespers with Litia for Sts. Peter and Paul

Sun. 9:00am: Matins followed at 10:00am by Divine Liturgy

## A GOOD WORD

### *VITAMINS FOR THE SOUL*

- ❖ "The unity of God the Father and Jesus Christ is a perfect unity, and this perfect unity is what our Lord calls us to have with one another. If we act in the name of God, then the proof of our motivations will be revealed in our unity. Endless arguing and bickering is a sign that God is absent and that we have forgotten Him. The contentious person is outside God's grace by his or her desires to dominate others." -- His Eminence, Archbishop JOSEPH
- ❖ "If a man has a full intention to please God, then God teaches him His will either through thoughts, through some other person, or through Holy Scripture." -- St. Peter of Damascus
- ❖ "Malice will never drive out malice. But, if someone does an evil act to you, you should do good to him, so that by your good work you may destroy his malice." -- A Desert Father
- ❖ "Our stay on earth is not for sojourning, but for a personal choice for good or for evil, for truth or for falsehood." -- St. Nicholai of Zica
- ❖ "We are called to go forth and boldly proclaim the Good News, following in the footsteps of the Disciples. But, we cannot do this unless we know what we are talking about. We must know our Faith inside and out. We must sharpen the sword of the intellect through prayer, ministry to others and study." -- His Eminence, Archbishop JOSEPH
- ❖ "God the Holy Spirit has many abodes in this vast universe, but a pure heart is the place in which He most delights to dwell. This is His true abode; all others are only His workshop." -- St. Nicholai of Zica
- ❖ On the help we give the deceased through our prayers: "As it happens with wine inside a barrel—that when the vineyard blooms in the field, the wine somehow senses it, and blossoms in fragrance itself – so it is with the souls of sinners. They receive some relief from the Bloodless Sacrifice offered for them in charity." -- St. Athanasius the Great
- ❖ "For me, the only way to truly be an American is to be Orthodox. For only through the power of the Holy Spirit can we truly be one people." -- His Eminence, Archbishop JOSEPH