

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **CONFESSIONS WILL BE HEARD SATURDAY JULY 19** after Vespers by Fr. Thomas Frizelle.
- ❖ **FR. MATTHEW will be out of town July 1-15**, attending the Diocesan Parish Life Conference in San Francisco and spending time in Sacramento with his extended family. If you have an emergency and need to see a priest immediately, please contact Fr. Christopher Stanton at 775-2046 or Fr. Thomas Frizelle at 441-2832. Fr. Matthew will be available via cell phone and email.
- ❖ **LITURGY JULY 6 will be served by Fr. Thomas Frizelle.**
- ❖ **CHURCH RUMMAGE SALE JULY 25 & 26.** If you are able, please drop off any gently used item/s at the upstairs of the parish hall starting July 20th. All proceeds go to support Saint Herman's Christian Education Department. Also, we would like to invite the children to run their own bake sale and lemonade stand. Please talk with Kai West or Brigitte Dahl for further information.
- ❖ **JULY LITURGICAL CALENDARS** are available in the narthex and online at www.sainthermanwasilla.org.
- ❖ **ST. JOHN'S SUMMER CAMP WILL BE AUGUST 7-10** at North Star Bible Camp in Willow. All students entering grades 7-12 are welcome to attend. Cost is \$250. Registration forms are available at www.stjohnalaska.org and should be returned to the St. John Cathedral office by July 1.
- ❖ **THE FIRST ORTHODOX YOUNG PROFESSIONALS CONFERENCE** will be Aug. 14-17 in San Diego, CA. For more information go to their website at <http://oypc2014.wix.com/oypc>.
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SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE

His Eminence, the Most Blessed Patriarch JOHN
of Antioch

DIOCESAN HIERARCH

His Eminence, the Most Rev. Archbishop JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

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THE HOLY, GLORIOUS
APOSTLES PETER AND
PAUL

June 29, 2014

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have prepared by prayer, fasting and a recent confession. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

Their sound hath gone forth into all the earth.

The heavens show forth the glory of God.

The Reading from the 2nd Epistle of St. Paul to the Corinthians. (11:21-12:9)

Brethren, whatever any one dares to boast of—I am speaking as a fool—I also dare to boast of that. Are they Hebrews? So am I. Are they Israelites? So am I. Are they descendants of Abraham? So am I. Are they servants of Christ? I am a better one—I am talking like a madman—with far greater labors, far more imprisonments, with countless beatings, and often near death. Five times I have received at the hands of the Jews the forty lashes less one. Three times I have been beaten with rods; once I was stoned. Three times I have been shipwrecked; a night and a day I have been adrift at sea; on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brethren; in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure. And, apart from other things, there is the daily pressure upon me of my anxiety for all the churches. Who is weak, and I am not weak? Who is made to fall, and I am not indignant? If I must boast, I will boast of the things that show my weakness. The God and Father of the Lord Jesus, He Who is blessed for ever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

SAINTS & FEASTS OF THE DAY

The Holy, Glorious Apostles Peter and Paul

THIS WEEK'S SERVICES

June 29 – July 6

Wed. 6:30pm: Daily Vespers

Sat. 6:30pm: Great Vespers

Sun. 9:00am: Matins followed at 10:00am by Divine Liturgy

THE GOSPEL

The Reading from the Holy Gospel according to St. Matthew. (16:13-19)

At that time, when Jesus came into the district of Caesarea Philippi, He asked His Disciples, “Who do men say that the Son of man is?” And they said, “Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets.” He said to them, “But who do you say that I am?” Simon Peter replied, “You are the Christ, the Son of the living God.” And Jesus answered him, “Blessed are you, Simon Bar-Jonah! For flesh and blood has not revealed this to you, but My Father Who is in Heaven. And I tell you, you are Peter, and on this rock I will build my Church, and the gates of hell shall not prevail against it. I will give you the keys of the Kingdom of Heaven, and whatever you bind on earth shall be bound in Heaven, and whatever you loose on earth shall be loosed in Heaven.”

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ “Let us dedicate the spirit to the Father, the soul to the Son and the body to the Holy Spirit, the Spirit which will raise it again from dust.”
-- St Ephraim the Syrian
- ❖ “O Lord, I know that my transgressions have mounted higher than my head, but the greatness of Your compassion is incomparable and the mercy of Your bounty is indescribable and free of malice. There is no sin which surpasses Your love for mankind. Therefore, wondrous King and all gracious Lord, show Your wondrous mercy to me a sinner; show me the power of Your goodness; show me the strength of Your long-suffering mercy, and receive me a sinner as I turn to You.”
--St. Simeon the Translator
- ❖ "If you would know of the Lord's love for us, hate sin and evil thoughts, and day and night pray fervently. The Lord will then give you His grace, and you will know Him through the Holy Spirit, and after death, when you enter into paradise, there too, you will know the Lord through the Holy Spirit, as you knew Him on earth." -- St. Silouan of Mt. Athos