

## CHRISTIAN EDUCATION

*Tuesday Night Family Night – September 16*

5:30-6:00pm – Potluck Dinner – Free, but bring a dish to share

6:00-7:30pm – Classes for Ages 3-19

7:00-7:30pm – Daily Vespers

### PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **SEPTEMBER LITURGICAL CALENDARS** are available in the narthex and online at [www.sainthermanwasilla.org](http://www.sainthermanwasilla.org). October calendars are online.
- ❖ **CONFESSIONS** will be heard Sept. 27 after Great Vespers by Fr. Thomas Frizelle.
- ❖ **SATURDAY SEPT. 27 - PARISH WORKDAY** 10AM – 2PM. *This is one week later than originally advertised.* Bring a sack lunch. Many hands make light work, so please come and pitch in even if you cannot stay for the entire time. Bring tools such as paint brushes, rollers and pans, hammers and drills with your name on them. Tasks that need to be completed include:
  - Painting
  - Yard clean up
  - Minor outdoor construction projects
  - Window washing

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

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## EXALTATION OF THE HOLY CROSS

*September 14, 2014*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting or otherwise not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

*Exalt ye the Lord our God. The Lord reigneth; let the people tremble.*

**The Reading from the First Epistle of St. Paul to the Corinthians.  
(1:18-24)**

Brethren, the word of the Cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart." Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

## THE GOSPEL

**The Reading from the Holy Gospel according to St. John.  
(19:6-11, 13-20, 25-28, 30-35)**

At that time, the chief priests and the elders of the people took counsel against Jesus to put Him to death. And they came to Pontius Pilate saying, "Crucify Him, crucify Him!" Pilate said to them, "Take Him yourselves and crucify Him, for I find no crime in Him." The Jews answered him, "We have a law, and by that law He ought to die, because He has made Himself the Son of God." When Pilate heard these words, he was the more afraid; he entered the praetorium again and said to Jesus, "Where art Thou from?" But Jesus gave no answer. Pilate therefore said to Him, "Wilt Thou not speak to me? Knowest Thou not that I have power to release Thee, and power to crucify Thee?" Jesus answered him, "You would have no power over Me unless it had been given you from above.

When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called "The Pavement", and in Hebrew, "Gabbatha." Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, "Behold your King!" They cried out, "Away with Him, away with Him, crucify Him!" Pilate said to them, "Shall I crucify your King?" The chief priests answered, "We have no king but Caesar." Then he handed Him over to them to be crucified.

So they took Jesus and led him away, and He went out, bearing His own Cross, to the place called the place of a skull, which is called in Hebrew "Golgotha." There they crucified Him, and with Him two others, one on either side, with Jesus between them. Pilate also wrote a title and put it on the Cross; it read, "Jesus of Nazareth, the King of the Jews."

## SAINTS & FEASTS OF THE DAY

Exaltation of the Holy Cross; Repose of John Chrysostom, archbishop of Constantinople; Venerable-martyr Makarios the New of Thessalonica; Venerable-martyr Joseph of Dionysiou Monastery on Athos

## THIS WEEK'S SERVICES

*September 14 - 21*

Tues. 7:00pm: Daily Vespers

Sat. 6:30pm: Great Vespers

Sun. 9:00am: Matins followed at 10:00am by the Divine Liturgy

## THE GOSPEL (CONTINUED)

Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek.

Now standing by the Cross of Jesus were His mother, and his mother's sister, Mary the wife of Cleopas, and Mary Magdalene. When Jesus saw His mother, and the Disciple whom He loved standing near, He said to His mother, "Woman, behold, your son!" Then He said to the Disciple, "Behold, your mother!" And from that hour the Disciple took her to his own home. After this, Jesus, knowing that all was now fulfilled, said, "It is finished"; and He bowed His head and gave up the spirit.

Since it was the day of Preparation, in order to prevent the bodies from remaining on the cross on the Sabbath (for that Sabbath was a high day), the Jews asked Pilate that their legs might be broken, and that they might be taken away. So the soldiers came and broke the legs of the first, and of the other who had been crucified with him; but when they came to Jesus and saw that He was already dead, they did not break His legs. But one of the soldiers pierced His side with a spear, and at once there came out blood and water. He who saw it has borne witness—his testimony is true.

## A GOOD WORD

*VITAMINS FOR THE SOUL*

- ❖ "If a man has on one side of him fire, and on the other side a vessel with water, then if he starts burning from the fire, he takes water from the vessel and extinguishes the fire. Like to this are the evil thoughts, suggested by the enemy of our salvation, which like a spark can enkindle sinful desires within a man. It is necessary to put out these sparks with the water, which is prayer and the yearning of the soul for God." -- Abba Poemen