

## CHRISTIAN EDUCATION

January 20 - Tuesday Night Family Night

5:30-6:00pm – Potluck – Free, but bring a dish to share

6:00-7:30pm – Classes

7:00-7:30pm – Daily Vespers

## THIS WEEK'S SERVICES

January 18 - 25

Tues. Jan. 20 – 7:00pm Daily Vespers

Sat. Jan. 24 - 6:30pm: Great Vespers

Sun. Jan. 25 - 9:00am: Matins;

Sun. Jan. 25 - 10:00am: Divine Liturgy (Acolyte Team 3)

*\*\*Confessions are heard following Vespers and by appointment\*\**

## PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
  - ❖ **ADULT EDUCATION CLASSES** are offered on Tuesday nights at 6:00pm during our Family Night. Peter Kamilos is teaching using two books: *The Feasts of the Lord* and *Entering the Orthodox Church* by Hierotheos Vlachos. These classes are geared towards catechumens but *all adults are invited to attend*.
  - ❖ **PARISH COUNCIL NOMINATIONS** are now being accepted. We will elect one new member for the parish council at our annual church family meeting in February. To be eligible, a person must meet the following requirements:
    - 25 years of age
    - Contributed financially to the parish for at least 6 of the last 12 months
    - Be a member of the parish for at least one year, and be in good standing with the pastor
- If you are interested in serving on the parish council or would like to nominate someone to serve, please speak with Fr. Matthew or one of the parish council members. Current parish council members include Kai West, Janice Vance, Peter Kamilos, and Rebekah Johnson. Outgoing members whose terms are up are Josh Meals and Peter Johnson.
- ❖ **JANUARY AND FEBRUARY LITURGICAL CALENDARS** are available in the narthex and online at [www.sainthermanwasilla.org](http://www.sainthermanwasilla.org).

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

### Contact Information

6988 N. En Dove Road  
Wasilla, Alaska 99654

Office Telephone: (907)373-5254  
Pastor's Cell Phone: (916)396-6325

[FrMatthewHowell@gmail.com](mailto:FrMatthewHowell@gmail.com)

[www.SaintHermanWasilla.org](http://www.SaintHermanWasilla.org)

ST. ATHANASIUS &  
ST. CYRIL,  
PATRIARCHS OF  
ALEXANDRIA  
*January 18, 2015*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

(For Athanasius and Cyril)

*Blessed art Thou, O Lord, the God of our Fathers.  
For Thou are justified in all that Thou hast done for us.*

### **The Reading from the Epistle of St. Paul to the Hebrews. (13:7-16)**

Brethren, remember your leaders, those who spoke to you the Word of God; consider the outcome of their life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through His own blood. Therefore, let us go forth to Him outside the camp and bear the abuse He endured. For here we have no lasting city, but we seek the city, which is to come. Through Him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His Name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

## THE GOSPEL

(For the Twelfth Sunday of Luke)

### **The reading from the Holy Gospel according to St. Luke. (17:12-19)**

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

## SAINTS & FEASTS OF THE DAY

Athanasius and Cyril, patriarchs of Alexandria;  
Martyr Theodoula of Anazarbus and her companions;  
Maximos, Serbian ruler

## A GOOD WORD

*VITAMINS FOR THE SOUL*

- ❖ "We don't reject God's banquet. We don't reject God's invitation. We don't reject God's loving-kindness. So let us open our hearts and our minds during these holy days to receive Him as He comes to bring peace and joy and every good thing into the world." -- His Eminence, Metropolitan JOSEPH
- ❖ "It is much better to think that our death will come sooner than the end of the world, rather than that the end of the world will come before our death." -- St. Seraphim of Sarov
- ❖ "The Fathers have declared the singing of psalms to be a weapon, prayer to be a wall, and honest tears to be a bath ... without which no one subject to passions will see the Lord." -- St. John Climacus
- ❖ "There is one God Who created man from dust. He has ordered all things, both visible and invisible, by His Word and His Spirit. The Word is the Son of God, Who came down upon the earth on account of our sins. He was born of a Virgin, He lived among men, and suffered and died for our salvation, and then He arose from the dead, and He has resurrected the human race with Him. We believe that He is One in Essence with the Father, and equal to Him in authority and honor. We believe this without any sly rationalizations, for it is impossible to grasp this mystery by human reason." -- St. Spiridon
- ❖ "The body cannot be defiled without the consent of the mind." -- Holy Virgin Martyr Lucy
- ❖ "When we take our hidden sins to Confession, and admit each of them before God, our Lord removes these passions, little by little, so that the Light of Christ may enter in. We begin to see things as they really are. We see God in everything and everyone, and we give thanks to our Maker that He has so generously blessed us." -- His Eminence, Metropolitan JOSEPH