

THIS WEEK'S SERVICES

October 11 - 18

Mon. Oct. 12 – 9:30am: “Akathist to the Mother of God, Nurturer of Children” followed by Knitting Group from 10:00am-Noon

Tue. Oct. 13 – 7:00pm: Paraklesis

Sat. Oct 17 – 6:30pm: Great Vespers

Sun. Oct 18 – 9:00am: Matins

Sun. Oct 18 – 10:00am: Divine Liturgy (Acolyte Team 1)

CHRISTIAN EDUCATION – TUESDAY OCTOBER 13

5:30-6:00pm: Dinner - \$3/person or \$12/family

6:00-7:30pm: Catechesis of the Good Shepherd (ages 3-9)

6:00-7:30pm: Youth Group (ages 10-19)

6:00-7:00pm: Adult Education

7:00-7:30pm: Daily Vespers

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **PFD TITHES** – When you tithe on your PFD, please mark “PFD” on the memo of the check. We will use this money for special church beautification projects.
- ❖ **COFFEE HOUR REMINDERS** – A few coffee hour reminders: 1. Please bring food every week; 2. Please monitor your children, teens, and pre-teens to ensure they are taking moderate portions; 3. Please let our guests go through the line first. Thank you!
- ❖ **SPECIAL OLYMPICS CAMP COLLECTION – October 18**
Next Sunday we will take a collection at the end of Liturgy to support the Special Olympics Camp at the Antiochian Village. If you are unable to make it to church next week but want to make a donation, then please write a check to “St. Herman Church” and mark “Special Olympics” in the memo.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACON

Rev. Dn. Thomas Ross

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*Sunday of the Holy
Fathers of the 7th
Ecumenical Council*

October 11, 2015

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

(For the Holy Fathers)

Blessed are Thou, O Lord, the God of our Fathers.

For Thou art just in all that Thou hast done.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

THE GOSPEL

(For the Fourth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:5-15)

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when His Disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while

THE GOSPEL (CONTINUED)

and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."

SAINTS & FEASTS OF THE DAY

Sunday of Holy Fathers of Seventh Ecumenical Council; Apostle Philip the deacon of the Seventy; Venerable Theophanes the branded; Nektarios, Arsakios, Sisinius and Philotheos Kokkinos, patriarchs of Constantinople; Venerable Jonah of Cyprus

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "The Word of God is not a book; the Word of God is a person, Jesus Christ." -- His Eminence, Metropolitan JOSEPH
- ❖ "The soul of a humble man is like the sea: throw a stone into the sea--for a moment it will ruffle the surface a little, and then sink to the bottom. Thus do afflictions disappear down into the heart of the humble man, because the strength of the Lord is with him." -- St. Silouan of Mount Athos
- ❖ "The Lord wants us to love each other; this is the essence of freedom — love for God and for your neighbor. This is both freedom and equality. But in earthly titles there can be no equality; this is of no concern to the soul, however. Not everyone can be a king or a prince; not everyone can be a patriarch or an abbot, or a leader, but no matter what your title you can love God and serve Him, and that is all that matters. And whoever loves God more on earth shall be in greater glory in the Kingdom." -- St. Silouan of Mount Athos
- ❖ "Just as the bee is attracted by the fragrance of the flower, people will be attracted to a church community by its spiritual beauty and fresh growth. Allow God to prosper your community by His grace, be open to the inquirer and minister to the suffering. In loving others, you allow God to love you all the more." -- His Eminence, Metropolitan JOSEPH