

## THIS WEEK'S SERVICES

October 18 - 25

Mon. Oct. 26 – 9:30am: “Akathist to the Mother of God, Nurturer of Children” followed by Knitting Group from 10:00am-Noon

Tue. Oct. 27 – 7:00pm: Paraklesis

Sat. Oct 31 – 6:30pm: Great Vespers

Sun. Nov. 1 – 9:00am: Matins

Sun. Nov. 1 – 10:00am: Divine Liturgy (Acolyte Team 1)

## CHRISTIAN EDUCATION – TUESDAY OCTOBER 27

5:30-6:00pm: Dinner - \$3/person or \$12/family

6:00-7:30pm: Catechesis of the Good Shepherd (ages 3-9)

6:00-7:30pm: Youth Group (ages 10-19)

6:00-7:00pm: Adult Education

7:00-7:30pm: Paraklesis

## PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **PFD TITHES** – When you tithe on your PFD, please mark “PFD” on the memo of the check. We will use this money for special church beautification projects.
- ❖ **COFFEE HOUR REMINDERS** – A few coffee hour reminders: 1. Please bring food every week; 2. Please monitor your children, teens, and pre-teens to ensure they are taking moderate portions; 3. Please let our guests go through the line first. Thank you!
- ❖ **THE BOOKSTORE NOW ACCEPTS CREDIT CARDS.** Swing by and check out the new icons of St. Herman and St. Raphael, as well as the inventory of crosses and lampadas. The bookstore is kept in Fr. Matthew's office and is open after Vespers and Liturgy.

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACON

Rev. Dn. Thomas Ross

### Contact Information

6988 N. En Dove Road  
Wasilla, Alaska 99654

Pastor's Cell Phone: (916)396-6325

[priest@sainthermanwasilla.org](mailto:priest@sainthermanwasilla.org)

[www.SaintHermanWasilla.org](http://www.SaintHermanWasilla.org)

*21<sup>st</sup> Sunday after  
Pentecost and 6<sup>th</sup>  
Sunday of Luke*

*October 25, 2015*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

(For the Twenty-First Sunday after Pentecost)

*O Lord, how magnified are Thy works. In wisdom hast Thou made them all. Bless the Lord, O my soul.*

### **The Reading from the Epistle of St. Paul to the Galatians. (2:16-20)**

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

## THE GOSPEL

(For the Sixth Sunday of Luke)

### **The Reading from the Holy Gospel according to St. Luke. (8:26-39)**

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city

## THE GOSPEL (CONTINUED)

and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

## SAINTS & FEASTS OF THE DAY

Twenty-First Sunday after Pentecost & Sixth Sunday of Luke;  
Martyrs Marcian and Martyrios the Notaries; Martyrs Valerios and Chrysaphios; Tabitha the merciful, raised from the dead by the apostle Peter; relics translation of Venerable Sabbas the Sanctified and Venerable John of Beverly

## A GOOD WORD

### *VITAMINS FOR THE SOUL*

- ❖ "Reverence with all the powers of your soul all the sacraments, and say to yourself in respect to every sacrament before the celebration or the communion of it: 'This is God's mystery. I myself am only the unworthy witness or partaker of it.'" -- St. John of Kronstadt
- ❖ "When praying to the Lord, to the Mother of God, or to the saints, always remember that the Lord will give you according to your heart. He will 'grant thee according to thine own heart' (Psalm 20:4)." -- St. John of Kronstadt
- ❖ "The Lord has become everything for you, and you must become everything for the Lord." -- St. John of Kronstadt
- ❖ "Behold, thou art made whole; sin not more. Experience proves that sins and passions destroy the health of the soul and the body, whilst the victory over the passions affords heavenly tranquility and health both of the soul and the body." -- St. John of Kronstadt
- ❖ "For to be carnally minded is death; but to be spiritually minded is life and peace." -- St. John of Kronstadt