

## CHRISTIAN EDUCATION

*February 3 - Tuesday Night Family Night*

5:30-6:00pm – potluck – free, but please bring a dish to share

6:00-7:30pm – Classes, including adults

7:00-7:30pm – Daily Vespers

## THIS WEEK'S SERVICES

*February 1 – February 8*

Tues. Feb. 3 – 7:00pm: Daily Vespers

Sat. Feb. 7 - 6:30pm: Great Vespers followed by Confessions heard

Sun. Feb. 8 - 9:00am: Matins

Sun. Feb. 8 - 10:00am: Divine Liturgy (Acolyte Team 2)

*\*\*Confessions are heard following Vespers and by appointment\*\**

## PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **CHOIR PRACTICE** will be held Sundays Feb. 8 & 15 after coffee hour for about 30 minutes. Lenten music will be the main focus.
- ❖ **ANNUAL WOMEN'S TEA** will be Saturday February 14 from 2-4pm in the parish hall. For details or to sign up, talk to Jessica Darling Morphis at (907)230-8655 or [jdarling@butterflyhugs.com](mailto:jdarling@butterflyhugs.com)
- ❖ **PARISH COUNCIL NOMINATIONS** are now being accepted. We will elect one new member for the parish council at **our annual church family meeting on February 23**. To be eligible, a person must meet the following requirements:
  - 25 years of age
  - Contributed financially to the parish for at least 6 of the last 12 months
  - Be a member of the parish for at least one year, and be in good standing with the pastor

If you are interested in serving on the parish council or would like to nominate someone to serve, please speak with Fr. Matthew or one of the parish council members. Current parish council members include Kai West, Janice Vance, Peter Kamilos, and Rebekah Johnson. Outgoing members whose terms are up are Josh Meals and Peter Johnson.

- ❖ **FR. MATTHEW** and Dn. John will be at the annual diocesan clergy seminar Feb. 9-12 in Los Angeles. Fr. Matthew will still be available via phone and email during the seminar.

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

### Contact Information

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*Meeting of the Lord in  
the Temple and  
Sunday of the Publican  
and Pharisee  
February 1, 2015*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

(For the Presentation of Christ)

*My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For He hath regarded the humility of His servant.*

### **The Reading from the Epistle of St. Paul to the Hebrews. (7:7-17)**

Brethren, it is beyond dispute that the inferior is blessed by the superior. Here tithes are received by mortal men; there, by one of whom it is testified that he lives. One might even say that Levi himself, who receives tithes, paid tithes through Abraham, for he was still in the loins of his ancestor when Melchizedek met him. Now if perfection had been attainable through the Levitical priesthood (for under it the people received the law), what further need would there have been for another priest to arise after the order of Melchizedek, rather than one named after the order of Aaron? For when there is a change in the priesthood, there is necessarily a change in the law as well. For the one of whom these things are spoken belonged to another tribe, from which no one has ever served at the altar. For it is evident that our Lord was descended from Judah, and in connection with that tribe Moses said nothing about priests. This becomes even more evident when another priest arises in the likeness of Melchizedek, who has become a priest, not according to a legal requirement concerning bodily descent but by the power of an indestructible life. For it is witnessed of him, "Thou art a priest forever, after the order of Melchizedek."

## THE GOSPEL

(For Sunday of the Pharisee and Publican)

### **The Reading from the Holy Gospel according to St. Luke. (18:10-14)**

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

## SAINTS & FEASTS OF THE DAY

Transfer of the Feast of the Presentation (Meeting) of Christ in the Temple & Sunday of the Pharisee and Publican

## A GOOD WORD

*VITAMINS FOR THE SOUL*

- ❖ "It is not good to place our hope in our works. Even though we might perform them, if we have no love or humility, we will receive no benefit from them. Humility alone is powerful enough to save us. We should sincerely try to acquire humility, and hope in the merits of our Saviour and His mercy."  
– St. Macarius of Optina
- ❖ "He who is humble in his thoughts, and engaged in spiritual work, when he reads the Holy Scriptures, will apply everything to himself and not to his neighbor." – St. Mark the Ascetic
- ❖ "Humility—this is something great and divine, and the path to it is to consider yourself below everyone. What does it mean, to consider yourself lower than everyone? To not notice the sins of others. Look at your own sins. Pray unceasingly."  
– St. Nikon of Optina
- ❖ "Strive more to humble yourself. Humility covers all faults and forgives sins." – St. Joseph of Optina
- ❖ "Hardship and humility save the soul and free it from all the passions." – St. Thalassios the Libyan
- ❖ "If I prayed God that all men should approve of my conduct, I should find myself a penitent at the door of each one, but I shall rather pray that my heart may be pure towards all." – St. Sarah of the Egyptian Desert
- ❖ "If you want your sins to be 'covered' by the Lord (Ps. 32:1), do not parade your virtues before others. God will treat our sins the same way that we treat our virtues." – St. Mark the Ascetic
- ❖ "To truly see God is to never satisfy one's desire for Him."  
– St. Gregory of Nyssa
- ❖ "No one will ever find true happiness and perfect prosperity without God or outside God." -- Saint INNOCENT, Bishop of Kamchatka, the Kurilian and Aleutian Islands