

## THIS WEEK'S SERVICES

*May 3 – May 10*

Wed. May 6 – 6:30pm: Daily Vespers

Sat. May 9 – 6:30pm: Great Vespers

Sun. May 10 – 9:00am: Matins

Sun. May 10 – 10:00am: Divine Liturgy - Acolyte Team 2

\*\*\**Confessions are heard following Vespers and by appointment*\*\*\*

## PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **TEEN SOYO** will meet Tuesday May 5 at 6:00pm at Dn. John Phelps' house.
- ❖ **FOOD FOR HUNGRY PEOPLE** - total cash collected this year was \$303.35. Last year we collected about \$140. Thank you for your generosity.
- ❖ **THE 5<sup>TH</sup> ANNUAL COUNTRY FAIR WILL BE on Saturday, May 30th, 2015 from 11am-5pm.** Volunteers are needed. Please see Kim Meals or Anna Phelps. Come and enjoy some of your favorite foods such as gyros, locally made sausages, hot dogs, homemade pie, old fashioned sodas and floats, and more tasty treats. Enjoy the petting zoo, face painting, bounce house, and play many of the carnival games to win great prizes! Compete in the relay races, tug of war and pie eating contest. Try to win a cake in the ultimate cake walk and peruse the Trading Post for handmade items from local artisans and more. Come and enjoy a festival of food, games, prizes and family fun at the Country Fair! For more information and updates about the Country Fair, please visit:  
[facebook.com/SaintHermansAnnualCountryFair](https://www.facebook.com/SaintHermansAnnualCountryFair)

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

Rev. Dn. John Phelps

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*Sunday of the  
Paralytic*

*May 3, 2015*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

*Sing praises to our God, sing praises. Clap your hands, all you nations.*

### **The Reading from the Acts of the Sainly and Pure Apostles. (9:32-42)**

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John. (5:1-15)**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk."

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## THE GOSPEL (CONTINUED)

And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him.

## SAINTS & FEASTS OF THE DAY

Sunday of the Paralytic; Martyrs Timothy the reader and his wife Maura of Egypt; Peter, archbishop of Argolis; Ekumenios, bishop of Trikala; Venerable Luke of Mt. Stirion

## A GOOD WORD

### *VITAMINS FOR THE SOUL*

- ❖ "'To know Him and the power of His Resurrection' (Phil 3:10) consists in this movement by which Christ descends into our very depths to raise us up into the light of Life. This is the movement of baptism, descent and rising up (Rom 6:3-4), with all the spiritual realism that the power of the Spirit will realize within us day after day in our personal lives."  
-- His Beatitude, Patriarch IGNATIUS IV
- ❖ "Since the Resurrection of the Lord is the ever-present event by which He enters into unlimited Communion with all mankind, we can conclude that this same mystery should become a concrete reality within the sphere of our social life"  
-- His Beatitude, Patriarch IGNATIUS IV
- ❖ "This is the sum of the Christian Kerygma: life has been manifested in Jesus Christ, the incarnate Word of God, and this life is communicated to us through His Death and Resurrection."  
-- His Beatitude, Patriarch IGNATIUS IV

## CHRISTIAN EDUCATION

*On break for the summer. Classes will resume August 25.*