

THIS WEEK'S SERVICES

June 21 – June 28

Tue. June 23 – 6:30pm: Vesperal Liturgy for Nativity of
St. John the Baptist

Sat. June 27 – 6:30pm: Great Vespers with Litia

Sun. June 28 – 9:00am: Matins

Sun. June 28 – 10:00am: Divine Liturgy

Confessions are heard following Vespers and by appointment

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **TUESDAY JUNE 23 – 6:30PM – Vesperal Liturgy** for the Nativity of St. John the Baptist. Those who wish to receive communion should fast from the midday meal until communion.
- ❖ **FEAST OF STS. PETER & PAUL** will be celebrated next Sunday June 28. The fast will end after liturgy on Sunday.
- ❖ **ST. JOHN TEEN CAMP —AUGUST 13 TO 16TH**
St. John Teen Camp is a great way for our teens to integrate their faith into their lives and deepen their connections to our Church! This year Archdiocese Youth Director Fr. Joseph Pupura will teach Christian Ed, along with our local clergy. Teens will be invited to participate in numerous services through singing and reading the epistles and psalms. Once again camp will be at North Star Bible Camp in Willow, with many fun games & activities! Please calendar this important event for your teen. Any questions, contact the camp director Dn. Kevin Dougherty at (907)694-5084 or doughertykb@yahoo.com. Registration forms will be forthcoming soon.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

PASTOR

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DEACONS

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*3rd Sunday after
Pentecost*

June 21, 2015

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

(For Third Sunday after Pentecost)

The Lord is my strength and my song. The Lord has chastened me sorely.

The Reading from the Epistle of St. Paul to the Romans. (5:1-11)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

THE GOSPEL

(For Third Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (6:22-33)

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? *(Continued next page)*

THE GOSPEL (CONTINUED)

And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."

SAINTS & FEASTS OF THE DAY

Third Sunday after Pentecost; & Third Sunday of Matthew;
Martyr Julian of Tarsus; Martyr Aphrodisius of Cilicia;
New-martyr Nikita of Nisyros near Rhodes

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "For me, the only way to truly be an American is to be Orthodox. For only through the power of the Holy Spirit can we truly be one people." -- His Eminence, Metropolitan JOSEPH
- ❖ "Let us dedicate the spirit to the Father, the soul to the Son and the body to the Holy Spirit, the Spirit which will raise it again from dust." -- St. Ephraim the Syrian
- ❖ "The Christian ought not to say anything behind his brother's back with the object of calumniating him (i.e. injure his reputation), for this is slander, even if what is said is true (cf. 2 Cor. 12:20; 1 Pet. 2:1). He ought to turn away from the brother who speaks evil against him (cf. 1 Pet. 3:16-17; James 4:11)." -- St. Basil the Great
- ❖ "The passion of this evil (slander) has so infested the world that people who have totally renounced other vices still fall into this one. One might say it is the last trap the devil sets for them." -- St. Jerome of Stridonium

CHRISTIAN EDUCATION

On break for the summer. Classes will resume August 25.