

## THIS WEEK'S SERVICES

*June 7 – June 14*

Wed. June 10 – 6:30pm: Daily Vespers

Sat. June 13 – 6:30pm: Great Vespers

Sun. June 14 – 9:00am: Matins

Sun. June 14 – 10:00am: Divine Liturgy

\*\*\**Confessions are heard following Vespers and by appointment*\*\*\*

## PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **THE APOSTLES FAST** starts tomorrow and goes through June 29.
- ❖ **TUESDAY JUNE 23 – 6:30PM – Vespersal Liturgy** for the Nativity of St. John the Baptist.

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACONS

Rev. Dn. Thomas Ross

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*Sunday of All  
Saints*

*June 7, 2015*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

*God is wonderful among His saints. Bless God in the congregations.*

**The Reading from the Epistle of St. Paul to the Hebrews. (11:33-12:2)**

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfection of our faith.

## THE GOSPEL

**The Reading from the Holy Gospel according to St. Matthew.**

**(10:32-33, 37-38; 19:27-30)**

The Lord said to His disciples, "Everyone who acknowledges Me before men, I also will acknowledge before my Father Who is in heaven; but whoever denies Me before men, I also will deny before My Father Who is in heaven. He who loves father or mother more than Me is not worthy of Me; and he who loves son or daughter more than Me is not worthy of Me; and he who does not take his cross and follow Me is not worthy of Me." Then Peter said in reply, "Lo, we have left everything and followed Thee. What then shall we have?" Jesus said to them, "Truly, I say to you, in the New World, when the Son of Man shall sit on His glorious throne, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And every one who has left houses or brothers or sisters or father or mother or wife or children or lands, for My Name's sake, will receive a hundred fold, and inherit eternal life. But many that are first will be last, and the last first."

## SAINTS & FEASTS OF THE DAY

Commemoration of All Saints

Hieromartyr Theodotos, bishop of Ancyra; Venerable Sebastian the wonder-worker; Venerable Cedd, bishop of Essex

## A GOOD WORD

### VITAMINS FOR THE SOUL

- ❖ "The goal of reading is the application, in our lives, of what we read. Not to learn it by heart, but to take it to heart. Not to practice using our tongues, but to be able to receive the tongues of fire and to live the mysteries of God." -- Elder Paisios the Athonite
- ❖ "If you would know of the Lord's love for us, hate sin and evil thoughts, and day and night pray fervently. The Lord will then give you His grace, and you will know Him through the Holy Spirit, and after death, when you enter into paradise, there too, you will know the Lord through the Holy Spirit, as you knew Him on earth." -- St. Silouan of Mt. Athos
- ❖ "If you worship Christ in your heart, you can save your kinsfold as well as yourself; if your heart worships father and mother, son and daughter, you will certainly lose both yourself and them." -- St. Nicholai of Zica
- ❖ "For Holy Communion, the confession of our sins to a father confessor is needed; whereas for our communication with God, the confession of our weaknesses before Him is necessary." -- Elder Paisios the Athonite
- ❖ "We are constantly occupied by all kinds of thoughts that appear in our heads, and it seems we no sooner start to pray than we catch ourselves thinking about something else. Here again, the physical presence of the prayer rope in our fingers can help us catch ourselves and return to our task of prayer more quickly. Or, meeting up with one of the markers or with the cross on the prayer rope as we move it through our fingers reminds us that we have been robbed of the prayers we intended to offer. And immediately we can offer our prayers anew without getting further entangled in our thoughts about how easily we get distracted from prayer to God." -- St. Ignatius Brianchaninov
- ❖ "If you do not strive, you will not find; and if you do not knock eagerly at the door and keep long vigil before it, you will not receive an answer." -- St. Isaac the Syrian

## CHRISTIAN EDUCATION

*On break for the summer. Classes will resume August 25.*