

THIS WEEK'S SERVICES

September 27 – October 4

Mon. Sept 28 – 9:30am: Akathist to the Mother of God, Nurturer of Children followed by Knitting Group from 10:00am-Noon

Tue. Sept 29 – 7:00pm: Daily Vespers

Sat. Oct 3 – 6:30pm: Great Vespers

Sun. Oct 4 – 9:00am: Matins

Sun. Oct 4 – 10:00am: Divine Liturgy

CHRISTIAN EDUCATION – TUESDAY SEPTEMBER 29

5:30-6:00pm: Dinner - \$3/person or \$12/family

6:00-7:30pm: Catechesis of the Good Shepherd (ages 3-9)

6:00-7:30pm: Youth Group (ages 10-19)

6:00-7:00pm: Adult Education

7:00-7:30pm: Daily Vespers

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **FOLK DANCING** at St. John Cathedral tonight from 7-9pm. See attached flyer for more information.
- ❖ **PRE-TEENS** will leave for the Food Bank of Wasilla at 5:30pm on Tuesday night. Please be at the church by 5:15 for dinner so we can make a timely departure.
- ❖ **TEENS** will meet at 6:00 to finish watching “The Soloist” on Tuesday.
- ❖ **PARISH COUNCIL MEETING** – Next Sunday October 4 following coffee hour.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Christian Archdiocese of North America

Diocese of Los Angeles and the West

PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACON

Rev. Dn. Thomas Ross

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*Seventeenth Sunday
after Pentecost*

September 27, 2015

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

(For the Seventeenth Sunday after Pentecost)

Make your vows to the Lord our God and perform them.

God is known in Judah; His Name is great in Israel.

The Reading from the Second Epistle of Saint Paul to the Corinthians. (6:16-7:1)

Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

THE GOSPEL

(For the First Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

SAINTS & FEASTS OF THE DAY

Seventeenth Sunday after Pentecost & First Sunday of Luke;
The Apostles Aristarchos, Zenon and Mark of the Seventy; New-martyr Aquilina of Thessalonica; Venerable Ignatius, abbot in Asia Minor; Venerable Savvatiος of Solovky

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "Each parish is like a gateway to the Kingdom of Heaven. Do you desire an eternal life in Paradise? Then the road naturally leads to the Church." -- His Eminence, Metropolitan JOSEPH
- ❖ "As you come together in love for one another, you will draw in many other people seeking after the love with which you have been so richly blessed." -- His Eminence, Metropolitan JOSEPH
- ❖ "The humble person does not criticize anyone except himself, because he knows that he does not have any appointment to judge and censure others." -- Father Philotheos Zervakos
- ❖ "Send your treasures to the heavenly storage room. Deposit your wealth in God's Bank, distributing it to the poor, the orphans and the widows, so that you can receive a million times more in the Second Coming of Christ." -- Elder Joseph the Hesychast
- ❖ "If you are making something, you must call to mind the Creator of all things; if you see the light, remember the Giver of it. If you put on your clothes, recall whose gift they are and thank Him who provides for your life. In short, let every action be a cause of your remembering and praising God, and lo! you will be praying without ceasing and therein your soul will always rejoice." -- St. Peter of Damascus
- ❖ "It is better to be a simpleton and approach God with love than to be a learned man and at the same time an enemy of God." -- St. Irenaeus of Lyons
- ❖ "Do everything you can to take some wisdom for your soul from what you read, and emulate it." -- His Eminence, Metropolitan JOSEPH
- ❖ "If three men meet, of whom the first fully preserves interior peace, and the second gives thanks to God in illness, and the third serves with a pure mind, these three are doing the same work." -- Abba Poemen