

THIS WEEK'S SERVICES

October 30 – November 6

Mon. Oct. 31 – 9:30am: “Akathist to the Mother of God, Nurturer of Children”, followed by knitting/coffee group from 10am-Noon.

Tues. Nov. 1 – 7:00pm: Daily Vespers

Sat. Nov. 5 – 9:00am: Liturgy for St. Raphael

Sat. Nov. 5 – 6:30pm: Great Vespers

Sun. Nov. 6 – 9:00am: Orthros

Sun. Nov. 6 – 10:00am: Divine Liturgy

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **PFD TITHES** – When you tithe on your PFD, please mark “PFD” on the memo so that the funds can go toward our Capital Funds Campaign.
- ❖ **IMPORTANT PARISH MEETING – Friday November 4 at St. Herman Fellowship Hall from 7:00-9:00pm.** Architect John Della Monica will be presenting two master plan options for our new temple and fellowship hall. Coffee and snacks will be provided. *Please mark your calendar and plan to attend.* This is your opportunity to interact with the architect, ask questions, raise objections and get information about the plans.
- ❖ **SATURDAY NOVEMBER 5 at 9:00am** – Divine Liturgy for the Feast of St. Raphael of Brooklyn, the first bishop consecrated in America.

ST. HERMAN'S FAMILY NIGHT – TUESDAY NOV. 1

5:30-6:00pm: Dinner \$3/person or \$12/family

6:00-7:30pm: Catechesis of the Good Shepherd (ages 3-9)

6:00-7:30pm: Preteens (ages 10-12) and Teens (ages 13-19)

6:00-7:00pm: Adult Education – *Evangelion* Video 5 part 2

7:00-7:30pm: Daily Vespers

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America
Diocese of Los Angeles and the West*

PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACON

Rev. Dn. Thomas Ross

Contact Information

6988 N. En Dove Road
Wasilla, Alaska 99654

Pastor's Phone: (907)373-5254

priest@sainthermanwasilla.org

www.SaintHermanWasilla.org

*19th Sunday after
Pentecost*

October 30, 2016

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

(For the Nineteenth Sunday after Pentecost)

The Lord is my strength and my song. The Lord has chastened me severely.

The Reading from the Second Epistle of St. Paul to the Corinthians. (11:31-12:9)

Brethren, the God and Father of the Lord Jesus, He Who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who 14 years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise—whether in the body or out of the body I do not know, God knows—and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but He said to me, “My grace is sufficient for you, for My power is made perfect in weakness.” I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

THE GOSPEL

The Lord said, “There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man’s table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham’s bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, ‘Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.’ But Abraham said, ‘Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.’ And he said, ‘Then I beg you, father, to send him to my father’s house,

THE GOSPEL (CONTINUED)

for I have five brothers, so that he may warn them, lest they also come into this place of torment.’ But Abraham said, ‘They have Moses and the prophets; let them hear them.’ And he said, ‘No, father Abraham; but if someone goes to them from the dead, they will repent.’ He said to him, ‘If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.’”

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "Services are not just about empty forms, but are acts of love to GOD. We do not worship our own desires through the Liturgy. The Divine Liturgy and the other services of the Church do not belong to us: they belong to the Church." -- His Eminence, Metropolitan JOSEPH
- ❖ "God Himself lives in that man who has a peaceful heart. Above all: consider yourself worse than everyone, seek neither love nor honor from anyone, but have them yourself for everyone - thus you will obtain peace. But as soon as you want others to notice the goodness and virtue in you, then say good-bye to spiritual peace." -- St. Anatoly of Optina
- ❖ "Not trusting in yourself and not acting according to your own will and understanding is the path to humility. Without this, even though we may do good, it is not pleasing to God." -- St. Macarius of Optina
- ❖ "If a person earnestly seeks salvation with his whole heart, God will lead him to a true instructor. Do not worry, each will find the one who is just right for him." -- St. Leo of Optina
- ❖ "We have a sacred obligation to prepare our youth and new members to receive the power of God. If we teach our children to do their homework but not to pray, we are only preparing them for misery. Good grades cannot save us from a tormented conscience. We cannot prepare a catechumen just by getting him to memorize dogmas. We must help him to be healed from the wounds of sin." -- His Eminence, Metropolitan JOSEPH

SAINTS AND FEASTS OF THE DAY

Nineteenth Sunday after Pentecost & Fifth Sunday of Luke;
The Holy Martyrs Zenobius and Zenobia; Apostles Cleopas and Artemas of the 70; Venerable Joseph and Kyriakos, patriarchs of Constantinople; Therapont and John the wonderworkers;
Stephen Milutin the Serbian king



SAINT HERMAN OF ALASKA ORTHODOX CHURCH

6988 N En Dove Rd - Wasilla, AK 99654

Reverend Matthew Howell, Pastor (907)373-5254



NOVEMBER 2016

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|---|
| Oct 30 9:00am Orthros 10:00am Divine Liturgy | Oct 31 | 1 <i>Family Night</i> 5:30-6:00pm: Dinner 6:00-7:30pm: Christian Education for all Ages 7:00pm: Daily Vespers | 2 Fast | 3 | 4 7:00pm - Parish meeting with Architect Fast | 5 St. Raphael of Brooklyn 9:00am: Divine Liturgy 6:30pm: Great Vespers |
| 6 9:00am Orthros 10:00am Divine Liturgy | 7 | 8 Synaxis of the Bodiless Powers <i>Family Night</i> 5:30-6:00pm: Dinner 6:00-7:30pm: Christian Education for all Ages 7:00pm: Daily Vespers | 9 Fast | 10 | 11 Fast | 12 6:30pm Great Vespers |
| 13 St. John Chrysostom 9:00am Orthros 10:00am Divine Liturgy | 14 St. Philip the Apostle | 15 <i>Family Night</i> 5:30-6:00pm: Dinner 6:00-7:30pm: Christian Education for all Ages 7:00pm: Daily Vespers Fast | 16 St. Matthew the Evangelist Fast: wine & oil allowed | 17 Fast | 18 Fast | 19 6:30pm Great Vespers with Litia Fast: wine & oil allowed |
| 20 9:00am Orthros 10:00am Divine Liturgy for the transfer of the Feast of the Entrance of the Theotokos Fast: fish, wine & oil allowed | 21 ENTRANCE OF THE THEOTOKOS Fast: fish wine & oil allowed | 22 6:30pm: Akathist of Thanksgiving Fast | 23 Fast | 24 American Thanksgiving 9:00am: Divine Liturgy Fast | 25 St. Catherine the Great Fast | 26 6:30pm Great Vespers Fast: wine & oil allowed |
| 27 9:00am Orthros 10:00am Divine Liturgy Fast: wine & oil allowed | 28 Fast | 29 6:30pm: Great Vespers Fast | 30 St. Andrew the First-Called Disciple Fast | Dec 1 Fast | Dec 2 Fast | Dec 3 6:30pm Great Vespers Fast: wine & oil allowed |



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DECEMBER 2016

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|
| Nov 27 9:00am Orthros 10:00am Divine Liturgy Fast: wine & oil allowed | Nov 28 Fast | Nov 29 6:30pm: Great Vespers Fast | Nov 30 St. Andrew the First-Called Disciple Fast | 1 Fast | 2 Fast | 3 6:30pm Great Vespers Fast: wine & oil allowed |
| 4 9:00am Orthros 10:00am Divine Liturgy Fast: wine & oil allowed | 5 6:30pm: Great Vespers with Litia for St. Nicholas Fast | 6 St. Nicholas Fast: fish, wine, & oil allowed | 7 Fast | 8 Fast | 9 Fast | 10 6:30pm Great Vespers Fast: wine & oil allowed |
| 11 9:00am Orthros 10:00am Divine Liturgy Fast: wine & oil allowed | 12 6:30pm: Great Vespers with Litia for St. Herman, followed by bonfire Fast | 13 St. Herman of Alaska 9:00am: Divine Liturgy Fast: fish, wine, & oil allowed | 14 Fast | 15 Fast | 16 Fast | 17 6:30pm Great Vespers Fast: wine & oil allowed |
| 18 9:00am Orthros 10:00am Divine Liturgy Fast: wine & oil allowed | 19 Fast | 20 St. Ignatius of Antioch 6:30pm: Daily Vespers Fast | 21 Fast | 22 Fast | 23 10:00am: Royal Hours for the Nativity of Christ (1st, 3rd, 6th, 9th) Fast | 24 9:00am Orthros 10:00am Divine Liturgy for Christmas Eve (Paramon) 6:30pm Great Vespers with Litia Fast: wine & oil allowed |
| 25 NATIVITY OF THE LORD 9:00am Orthros 10:00am Divine Liturgy | 26 Fast free | 27 St. Stephen the Protomartyr Fast free | 28 Fast free | 29 St. Anysia of Thessalonika Fast free | 30 Fast free | 31 6:30pm Great Vespers Fast free |

Please consult the Sunday bulletin for changes to the monthly calendar.
Confessions heard after Vespers and by appointment.