

THIS WEEK'S SERVICES

March 6 – March 13

Mon. Mar. 7 – 9:30am: “Akathist to the Mother of God, Nurturer of Children” followed by Knitting Group from 10:00am-Noon

Tue. Mar. 8 – 7:00pm: Daily Vespers

Sat. Mar. 12 – 6:30pm: Great Vespers

Sun. Mar. 13 – 9:00am: Matins

Sun. Mar. 13 – 10:00am: Divine Liturgy

Sun. Mar. 13 – 12:00pm: Forgiveness Vespers

****Confessions are heard following Vespers and by appointment****

CHRISTIAN EDUCATION – TUESDAY MARCH 8, 2016

5:30-6:00pm: Dinner \$3/person or \$12/family

6:00-7:30pm: Catechesis of the Good Shepherd (ages 3-9)

6:00-7:30pm: Youth Group (ages 10-19)

6:00-7:00pm: Adult Education

7:00-7:30pm: Daily Vespers

****This is the last week that Christian Education will meet on Tuesday nights.****

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.
- ❖ **FORGIVENESS VESPERS** – Next Sunday March 13 at Noon.
- ❖ **SUNDAY OF ORTHODOXY VESPERS** – March 20 at St. John Cathedral in Eagle River. Time to be announced later.
- ❖ **CGS CLASSES DURING LENT WILL MEET at 5:30pm on the following days:** Wed. March 23; Wed. March 30; Wed. April 6; *Thurs. April 14*; Wed. April 20. The preteen, teen, and adult classes will not meet during Lent.

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Christian Archdiocese of North America

Diocese of Los Angeles and the West

PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACON

Rev. Dn. Thomas Ross

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*Sunday of the Last
Judgment
(Meatfare)*

March 6, 2016

A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

THE EPISTLE

(For Sunday of the Last Judgment)

The Lord is my strength and my praise. The Lord chastising hath chastised me, but He hath not delivered me over to death.

The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care, lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you—a man of knowledge—at table in an idol’s temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother’s falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

THE GOSPEL

(For Sunday of the Last Judgment)

The Reading from the Holy Gospel according to St. Matthew. (25:31-46)

The Lord said, “When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’

THE GOSPEL (CONTINUED)

And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.’ Then He will say to those at his left hand, ‘Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

SAINTS & FEASTS OF THE DAY

Sunday of the Last Judgment (Meat Fare); The 42 martyrs of Amoria in Phrygia; discovery of the precious cross and nails by St. Helena; Venerable Fridolin, enlightener of the Upper Rhine

A GOOD WORD

VITAMINS FOR THE SOUL

- ❖ "There is no one so stupid as he who cannot see his own sins and cannot see the virtues of others. There is no one so enlightened as he who can see and recognize his own sins and the virtues of others." -- St. Nicholai of Zica
- ❖ "We don't exclude the children from the service, even if they are noisy for a few minutes. We have to learn how to be patient. I feel happy when I see kids in the Church, I feel that the Church is in good shape and a new generation is growing up to take the lead. I need for one of them to become the bishop, or a priest or a deacon when it comes time for us to depart this life." -- His Eminence, Metropolitan JOSEPH
- ❖ Enduring his tortures at the age of 113, the Hieromartyr Charalampus said to the emperor’s soldiers, “Thank you, my brethren, for in scraping my old body you renew my spirit for a new eternal life.”
- ❖ "All the stars in the heavens could be more easily counted than all the miracles worked on earth by prayer." -- St. Nicholai of Zica