**Parish Announcements**

- **Welcome** to all who are visiting with us today! We hope you will feel at home here and, if you do not already have a church home, will consider becoming a part of the Saint Herman Church community.

- **Fr. Matthew Will Be Out of Town Through July 21.** He will be attending the Archdiocese Clergy Symposium at Antiochian Village in Bolivar, Pennsylvania. Please call Dn. Thomas Ross at (907)863-7677 if you have an emergency.

- **Reader Vespers Service on July 21** – There will be no confessions heard due to Fr. Matthew’s travel schedule.

**Good Works Basket**

*July Project: Back to School Backpacks - FOCUS North America*

We are now collecting school supplies for local elementary students through July 22. Please take an item ticket from the bulletin board in the Parish Hall to bring individual supplies, or contact Stephanie Hopkins if your family would like to complete a full backpack. Donations can be dropped off upstairs in the Parish Hall. Thank you!

**Christian Education – On Break Until September**

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**Saint Herman**

**Antiochian Orthodox Church**

*Antiochian Orthodox Christian Archdiocese of North America*

*Diocese of Los Angeles and the West*

**Primate and Diocesan Hierarch**

His Eminence, the Most Reverend Metropolitan Joseph

**Pastor**

Rev. Fr. Matthew Howell

**Deacon**

Rev. Dn. Thomas Ross

**Contact Information**

6988 N. En Dove Road

Wasilla, Alaska 99654

Pastor’s Phone: (907)373-5254

priest@sainthermanwasilla.org

www.SaintHermanWasilla.org

**Holy Fathers of the Fourth Ecumenical Council**

July 15, 2018

**A Note Regarding Holy Communion**

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have prepared by prayer, fasting and a recent confession. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.
THE EPISTLE  
(For the Holy Fathers)  
_Blessed art Thou, O Lord, the God of our Fathers._  
_For Thou art just in all that Thou hast done for us._  

_The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)_  

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

THE GOSPEL  
(For the Holy Fathers)  
_The Reading from the Holy Gospel according to St. Matthew._  
(5:14-19)  

The Lord said to His Disciples: “You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father Who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them, but to fulfill them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.”

SAINTS & FEASTS OF THE DAY  
_Sunday of the Holy Fathers of Fourth Ecumenical Council_  
_Great Prince Vladimir (Basil) of Kiev, Equal-to-the-Apostles; Martyrs Kyrikos and his mother Julitta of Tarsus_  

A GOOD WORD  
❖ Let us treasure up in our soul some of those things which are permanent...not of those which will forsake us and be destroyed, and which only tickle our senses for a little while. – St. Gregory of Nazianzus  
❖ It is more important that we should remember God than that we should breathe: indeed, if one may say so, we should do nothing else besides. – St. Gregory of Nazianzus  
❖ He who receives Communion is made holy and Divinizied in soul and body in the same way that water, set over a fire, becomes boiling... Communion works like yeast that has been mixed into dough so that it leavens the whole mass; ...Just as by melting two candles together you get one piece of wax, so, I think, one who receives the Flesh and Blood of Jesus is fused together with Him by this Communion, and the soul finds that he is in Christ and Christ is in him. – St. Cyril of Alexandria  
❖ As two pieces of wax fused together make one so he who receives Holy Communion is so united with Christ that Christ is in him and he is in Christ. – St. Cyril of Alexandria  
❖ Indeed the mystery of Christ runs the risk of being disbelieved precisely because it is so incredibly wonderful. – St. Cyril of Alexandria  
❖ It is not your outward appearance that you should beautify, but your soul, adorning it with good works. – St. Clement of Alexandria  
❖ If God rewarded the righteous immediately, we would soon be engaged in business, not godliness...we would be pursuing not piety, but profit. – St. Clement of Alexandria  
❖ When lies have been accepted for some time, the truth always astounds with an air of novelty. -- St. Clement of Alexandria  
❖ You cannot put straight in others what is warped in yourself. -- St. Athanasius of Alexandria
Back to School Backpack Program

ELEMENTARY SCHOOL LIST

☐ Pencils (1 Box of 12)
☐ Pens (1 Package of 4)
☐ Crayons (1 Box of 8)
☐ White Board Markers (1 Package of 4)
☐ Markers (1 Box of 12)
☐ Colored Pencils (1 Box of 12)
☐ Index Cards (1 Pack of 3 ½ x 5)

☐ Pencil Case (1)
☐ Folders (1-5)
☐ Glue Stick (1 Package of 4)
☐ Binders (1-3)
☐ Ruler (1)
☐ Notebooks (1-3)
☐ Eraser (1)

Your student will be looking forward to the first day of school, thank you!

If you would like to further assist your student with additional items such as nutritious meals, shoes, or haircuts please enclose a gift in addition to the $10 requested for the cost of the backpack in the envelope provided. Gifts are tax deductible to the fullest extent of the law.
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| 9:00am Orthros  
10:00am Divine Liturgy | Fr. Matthew to Parish Life Conference in Portland July 3-7 | Fast |           | Fast |        | 6:00pm Great Vespers |
| 8      | 9      | 10       | 11        | 12       | 13     | 14       |
| 9:00am Orthros  
10:00am Divine Liturgy | Fr. Matthew to Archdiocese Clergy Symposium in PA July 13-21 | Fast | 6:00pm Parish Council Meeting | Fr. Matthew to Archdiocese Clergy Symposium in PA July 13-21 | Fast | 6:00pm Reader Vespers (no confessions) |
| 15     | 16     | 17       | 18        | 19       | 20     | 21       |
| St. Vladimir  
9:00am Orthros  
10:00am Divine Liturgy | Fr. Matthew to Archdiocese Clergy Symposium in PA July 13-21 | Fast |          | Prophet Elijah | Fast: fish, wine, & oil | 6:00pm Reader Vespers (no confessions) |
| 22     | 23     | 24       | 25        | 26       | 27     | 28       |
| 9:00am Orthros  
10:00am Divine Liturgy |          |          |          |          |        |          |
| 29     | 30     | 31       | Aug 1     | Aug 2    | Aug 3  | Aug 4    |
| 9:00am Orthros  
10:00am Divine Liturgy | Aug Procession of the Cross | Fast | Aug 2 Procession of the Cross | Aug 2 6:00pm Parish Council Meeting | Fast | Aug 4 7 Holy Youths of Ephesus |
|        |        |          |           |          |        |          |

Please consult the Sunday bulletin for changes to the monthly calendar.  
Confessions heard after Vespers and by appointment.
YOU CAN HELP THE YOUTH GROUP OF SAINT HERMAN ANTILOCCHIAN ORTHODOX CHURCH EARN DONATIONS JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Every quarter Fred Meyer sends a check to our church, which gets deposited into our Youth Group account to be used for camp and retreat scholarships and other activities. Here is how you can support our youth group:


2. At the top right of the screen, click “Sign in” or “Register”

3. After signing in, click “Re-enroll or link your Rewards Card now” under the section Are you a Fred Meyer Customer?

4. In the search box, enter 91379 or “Saint Herman Antiochian Orthodox Church”

5. Click the button next to our church’s name, then click “Enroll.”

Then, every time you shop and use your Rewards Card, you are helping the Youth Group of Saint Herman Church earn a donation! You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today. If you do not have a Rewards Card, it is available at the Customer Service desk of any Fred Meyer store. For more information, please visit www.fredmeyer.com/communityrewards.