

## THIS WEEK'S SERVICES

July 21 – July 28

Sat. July 27 – 6:00pm: Great Vespers (confessions following)

Sun. July 28 – 9:00am: Orthros

Sun. July 28 – 10:00am: Divine Liturgy

### PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here at Saint Herman Church.
- ❖ **PARISH COUNCIL** – Meeting Postponed until August.
- ❖ **TITHE ONLINE VIA CREDIT CARD** – visit our parish website [www.sainthermanwasilla.org](http://www.sainthermanwasilla.org). Click the “Donate Now” button on the side. Donate to Operating Fund or Building Fund each month *automatically*.
- ❖ **FEASTS THIS WEEK** – *May God Grant you many years!*
  - July 22 – St. Mary Magdalene  
Jolene Benson & Maggie Arvidson
  - July 24 – St. Christina of Tyre the Martyr  
Christine Johnson  
Diana Truelson  
Becky Moore
  - July 24 – St. Declan of Ardmore  
Declan Horner
  - July 25 – Dormition of St. Anna, the mother of the Theotokos  
Anita Tegosiak
  - July 27 – St. Panteleimon the Unmercenary Healer  
Joshua Meals

### CHRISTIAN EDUCATION

*CATECHUMEN/INQUIRERS CLASS – JULY 28 FROM 12-1PM*

This class will meet every other week in the basement of the Fellowship Hall and will examine the Orthodox Faith through the text of the Baptism service. All are invited.

### GOOD WORKS BASKET

Our next GWB project will start in August.

# SAINT HERMAN

## ANTIOCHIAN ORTHODOX CHURCH

*Antiochian Orthodox Christian Archdiocese of North America  
Diocese of Los Angeles and the West*

### PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

### PASTOR

Rev. Fr. Matthew Howell

### DEACON

Rev. Dn. Thomas Ross

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*5<sup>th</sup> Sunday after  
Pentecost*

*July 21, 2019*

### A NOTE REGARDING HOLY COMMUNION

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, please speak with our clergy.

## THE EPISTLE

(For the Fifth Sunday after Pentecost)

*How great are Thy works, O Lord! In wisdom hast Thou made them all.  
Bless the Lord, O my soul.*

### **The Reading from the Epistle of St. Paul to the Romans. (10:1-10)**

Brethren, my heart's desire and prayer to God for Israel is that it may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says: Do not say in your heart, "Who will ascend into Heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

## THE GOSPEL

(For the Fifth Sunday of Matthew)

### **The Reading from the Holy Gospel according to St. Matthew. (8:28-9:1)**

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

## SAINTS AND FEASTS OF THE DAY

Fifth Sunday after Pentecost & Fifth Sunday of Matthew;  
Righteous Fathers John of Edessa in Mesopotamia and Simeon of  
Homs (Emesa), the Fool-for-Christ; Parthenios, bishop of Radovizlios;  
Martyr Victor of Marseilles

## A GOOD WORD

- ❖ One need not look at the money he gives to beggars, but rather one should mix up the money in his pocket and give only what the hand removes. That hand will draw out whatever God's providence ordains. -- St. Philaret the Almsgiver
- ❖ Never confuse the person formed in the image of God, with the evil that is in him: because evil is but a chance misfortune, an illness, a devilish reverie. But the very essence of a person is the image of God, and this remains in him despite every disfigurement. -- St John of Kronstadt
- ❖ Faith, indeed is of two kinds. Thus, 'Faith cometh by hearing, (Rom. 10:17) for, when we hear the sacred Scriptures, we believe in the teaching of the Holy Spirit. And this faith is made perfect by all those things which Christ has ordained; it believes truly, it is devout, and it keeps the commandments of Him who has renewed us. For he who does not believe in accordance with the tradition of the Catholic Church or who through untoward works holds communion with the Devil is without faith. Then again, there is a faith 'which is the substance of things hoped for, the evidence of things unseen.' (Heb. 11:1) This is an undoubting and unquestioning hope both for the things promised us by God and for the success of our petitions. The first kind of faith comes from our faculty of judgment, whereas the second is one of the gifts of the Spirit. -- St. John of Damascus
- ❖ Wherefore also the Lord Jesus Christ, wishing to make us more strong against the temptations of the devil, fasted when about to contend with him, that we might know that we may in no other way overcome the enticements of evil. -- St. Ambrose of Milan
- ❖ It is much better to think that our death will come sooner than the end of the world, rather than that the end of the world will come before our death. -- St. Seraphim of Sarov