

THIS WEEK'S SERVICES

February 2 – February 9

Mon. Feb. 3 – 9:30am: Akathist to the Mother of God, Nurturer of Children

Sat. Feb. 8 – 6:00pm: Great Vespers (no confessions)

Sun. Feb. 9 – 9:00am: Orthros

Sun. Feb. 9 – 10:00am: Divine Liturgy

PARISH ANNOUNCEMENTS

- ❖ **WELCOME** to all who are visiting with us today! We hope you will feel at home here at Saint Herman Church.
- ❖ **LADIES CRAFT GROUP** will meet 1st & 3rd Mondays of each month after the Akathist, which will be prayed each Monday at 9:30am.
- ❖ **PARISH COUNCIL** will meet very briefly Sunday February 2 to select officers for the new year. The next meeting for the Parish Council after that will be Thursday February 13 at 7:00pm with Fr. Michael Habib, our dean.
- ❖ **BREAKFAST** - Did you know there's breakfast with St. Herman folks every Saturday at 9 AM at the Palmer Valley Hotel? Yep, we meet in The Caboose where it's a little more private and we get great service. You are invited to have a jolly time of friendly conversation with your friends and neighbors. Come one come all. Every Saturday except when there are services at the church.
- ❖ **COFFEE** with the boys happens every Thursday starting at 9:30am at the North Star Bakery. Come spend an hour or so with the boys. We kick the tires of every subject imaginable, so come for a laugh and a good time.
- ❖ **LADIES VALENTINE'S TEA** – Saturday Feb. 15 from 3-5pm. Contact Jessica Morphis if you can help set up or be a hostess.
- ❖ **FR. MATTHEW OUT OF TOWN Feb. 2-10.** He will be attending the Diocesan Clergy Seminar in Alhambra, California. Fr. Thaddaeus Werner will be serving liturgy on February 9. If you have an emergency while I am gone, please call Fr. Timothy Kolb or Dn. Thomas Ross.

PATRONAL FEASTS

MAY GOD GRANT YOU MANY YEARS!

- ❖ February 6 – St. Julian of Emesa – Julian Davis

SAINT HERMAN

ANTIOCHIAN ORTHODOX CHURCH

Antiochian Orthodox Christian Archdiocese of North America

Diocese of Los Angeles and the West

PRIMATE and DIOCESAN HIERARCH

His Eminence, the Most Reverend Metropolitan JOSEPH

PASTOR

Rev. Fr. Matthew Howell

DEACON

Rev. Dn. Thomas Ross

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*Meeting of the
Lord in the
Temple*

February 2, 2020

A NOTE REGARDING HOLY COMMUNION

Christ is in our midst! He is and ever shall be!

Welcome! In the Orthodox Church, reception of the Holy Eucharist is reserved for baptized, chrismated Orthodox Christians who have *prepared by prayer, fasting and a recent confession*. If you are visiting from a non-Orthodox church or otherwise are not prepared to commune today, you are welcome to receive some of the unconsecrated, blessed bread which the acolytes are holding. We pray for all to be united in the Body and Blood of Christ! If you would like to learn how you can enter into communion with the Orthodox Church, then please speak with our priest.

THE EPISTLE

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. For He hath regarded the humility of His servant.

The Reading from the Epistle of St. Paul to the Hebrews. (7:7-17)

Brethren, it is beyond dispute that the inferior is blessed by the superior. Here tithes are received by mortal men; there, by one of whom it is testified that he lives. One might even say that Levi himself, who receives tithes, paid tithes through Abraham, for he was still in the loins of his ancestor when Melchizedek met him. Now if perfection had been attainable through the Levitical priesthood (for under it the people received the law), what further need would there have been for another priest to arise after the order of Melchizedek, rather than one named after the order of Aaron? For when there is a change in the priesthood, there is necessarily a change in the law as well. For the one of whom these things are spoken belonged to another tribe, from which no one has ever served at the altar. For it is evident that our Lord was descended from Judah, and in connection with that tribe Moses said nothing about priests. This becomes even more evident when another priest arises in the likeness of Melchizedek, who has become a priest, not according to a legal requirement concerning bodily descent but by the power of an indestructible life. For it is witnessed of him, "Thou art a priest forever, after the order of Melchizedek."

THE GOSPEL

The Reading from the Holy Gospel according to St. Luke. (2:22-40)

In those days, the parents of Jesus brought Him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, "Every male that opens the womb shall be called holy to the Lord"), and to offer a sacrifice according to what is said in the law of the Lord, "a pair of turtledoves, or two young pigeons." Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, looking for the consolation of Israel, and the Holy Spirit was upon him. And it had been revealed to him by the Holy Spirit that he should not see death before he had seen the Lord's Christ. And inspired by the Spirit he came into the Temple; and when the parents brought in the child Jesus, to do for him according to the custom of the law, he took Him up in his arms and blessed God and said, "Lord, now lettest thou Thy servant depart in peace, according to Thy word; for mine eyes have seen Thy salvation, which Thou hast prepared in the presence of all

peoples, a light for revelation to the Gentiles, and for glory to Thy people Israel." And His father and his mother marveled at what was said about Him; and Simeon blessed them and said to Mary His mother, "Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against (and a sword will pierce through your own soul also), that thoughts out of many hearts may be revealed." And there was a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher; she was of a great age, having lived with her husband seven years from her virginity, and as a widow until she was eighty-four. She did not depart from the temple, worshiping with fasting and prayer night and day. And coming up at that very hour she gave thanks to God, and spoke of Him to all who were looking for the redemption of Jerusalem. And when they had performed everything according to the law of the Lord, they returned into Galilee, to their own city, Nazareth. And the child grew and became strong, filled with wisdom; and the favor of God was upon Him.

SAINTS AND FEASTS OF THE DAY

Presentation (Meeting) of Our Lord Jesus Christ

A GOOD WORD

- ❖ Humble people have no needless or petty quarrels with others, because they have no egocentric desires to always have their own way. They are not self-seeking; for they know that it is God's will, not their own, that they should strive for. Therefore, humility naturally brings with it unity, both with God and with our fellows. -- His Eminence, Metropolitan JOSEPH
- ❖ "The Kingdom of Heaven is peace and Joy in the Holy Spirit. Acquire inward peace, and thousands around you will find their salvation." -- St. Seraphim of Sarov
- ❖ St. Anthony rebukes those who refuse to receive back penitents: "A ship suffered shipwreck and lost its cargo, and only with great difficulty did that boat reach the harbor – and you want to sink even that which was saved from sinking!"

CHRISTIAN EDUCATION

- ❖ CGS Levels 1 & 2 – Feb 9 at 11:45am
- ❖ Jr. SOYO (Preteens) & Teen SOYO – **Feb. 16** at 12pm
- ❖ Adult Education – Sunday February 9 at 12pm.



SAINT HERMAN OF ALASKA ORTHODOX CHURCH

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Reverend Matthew Howell, Pastor (907)373-5254



FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 26 9:00am Orthros 10:00am Divine Liturgy Parish Meeting during coffee hour (no Christian Education)	Jan 27 Translation of the Relics of St. John Chrysostom 9:30am - Akathist to the Mother of God, Nurturer of Children	Jan 28 Saints Ephraim and Isaac the Syrians	Jan 29 Fast	Jan 30 Three Holy Hierarchs	Jan 31 Fast	1 St. Brigid of Ireland 6:00pm Great Vespers with Litia
2 MEETING OF THE LORD 9:00am Orthros 10:00am Divine Liturgy 11:30am - Outdoor blessing of Water, joined by St. Juvenaly Church	3 Fr. Matthew to attend Diocesan Clergy Seminar Feb. 3-10	4	5 Fast	6 St. Julian of Emesa	7 Fast	8 6:00pm Great Vespers (no confessions afterward)
9 9:00am Orthros 10:00am Divine Liturgy 11:45am Christian Ed	10 Fast free	11 St. Gobnait of Ballyvourney St. Caedmon of Whitby Fast free	12 Fast free	13 St. Zoe of Palestine 7:00pm Parish Council meeting with Dean Fast free	14 Fast free	15 3:00pm - Ladies Valentine's Tea 6:00pm Great Vespers Fast free
16 9:00am Orthros 10:00am Divine Liturgy 11:45am Christian Ed	17	18	19 Fast	20	21 Fast	22 Saturday of the Departed 6:00pm Great Vespers
23 Meatfare Sunday 9:00am Orthros 10:00am Divine Liturgy 11:45am Christian Ed	24 Fast: dairy, fish, wine, & oil allowed	25 Fast: dairy, fish, wine, & oil allowed	26 Fast: dairy, fish, wine, & oil allowed	27 Fast: dairy, fish, wine, & oil allowed	28 Fast: dairy, fish, wine, & oil allowed	29 6:00pm Great Vespers Fast: dairy, fish, wine, & oil allowed

Please consult the Sunday bulletin for changes to the monthly calendar.
Confessions heard after Vespers and by appointment.

February Feast Days

February 1 – St. Brigid (Bridget) of Ireland
Brigitte Dahl

February 6 – St. Julian of Emesa
Julian Davis

February 11 – St. Caedmon of Whitby
Jack Horner

February 11 – St. Gobnait (Gobnata) of Ballyvourney
Dee Barker

February 13 – St. Zoe of Palestine
Zoe West

Did we miss the feast of you or a loved one? Please email Fr. Matthew at sthermanchurch@gmail.com with the name and date of the saint and the person who celebrates that feast.



YOU CAN HELP THE TEENS OF SAINT HERMAN ANTIOCHIAN ORTHODOX CHURCH EARN DONATIONS JUST BY SHOPPING WITH YOUR FRED MEYER REWARDS CARD!

Fred Meyer is donating \$2.5 million per year to non-profits. At Saint Herman Antiochian Orthodox Church, all Fred Meyer Rewards Donations go to the Teen SOYO account. Here's how the program works:

- Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to ***Saint Herman Antiochian Orthodox Church*** at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number (QS670).
- Then, every time you shop and use your Rewards Card, you are helping The St. Herman Youth Group earn a donation!
- You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.
- If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.
- For more information, please visit www.fredmeyer.com/communityrewards.